

Outdoor School Packing List

Clothes:

- Clothes for 3 days (you might want to bring 1-2 extra shirts)
- Shoes – two pairs (comfortable walking / hiking shoes; students are outside most of the day and walking around a lot all day)
- Underwear (4)
- Socks (5)
- Long Pants (2) - Long Pants might be required for some hikes & nighttime can be cool
- Warm Shirts (2-3) – Long sleeved shirts might be required for some hikes & nighttime can be cool
- Warm Jacket
- **Sweatshirt** – nights / mornings can be chilly
- Gloves?
- Warm Pajamas
- Hat (Again, we are outside a lot)
- Rain Wear (We never know when it might rain)
- Bathing Suit – Showers are private, but you might feel more comfortable with a bathing suit on
- Rubber flip-flops for in shower or walking around in the cabin

Toiletries:

- Toothbrush
- Toothpaste
- Deodorant!
- Soap!
- Comb / Brush
- Shampoo / Conditioner (Travel Size!)
- Bath Towel/Hand Towel/Wash Cloth
- Chapstick
- Sunscreen
- Bug Spray

Bedding:

- Sleeping Bag (or sheets and blankets) - BE SURE TO LABEL!
- Twin Size Fitted Sheet (to put on mattress first with sleeping bag on top)
- Pillow

Water Bottle / Canteen – ONLY 1 container is needed – there are fountains available to refill the container

Extras / Optional:

- Sunglasses
- Flashlight
- Book to read
- Backpack / drawstring bag – to carry around while in trail groups
- Camera – Cell Phone Cameras **ARE NOT** allowed; bring an inexpensive camera, not a valuable / expensive camera
- Stamped Postcard to send home ☺
- Cabin decorations – you may bring small items to decorate your cabin – **NO TAPE**

DO NOT BRING:

* These items will be confiscated if they are brought to Outdoor School

- **Mobile Devices** – there is a strict “No Cell Phone Policy”. **DO NOT bring your cell phone!**
- Candy / Food / Gum
- Walkie- Talkies
- Electronic Games
- Money
- Matches
- Knives

* Any confiscated items may be picked up by parents after school on Monday, March 9th from Mr. Hedin

Packing Suggestions:

- Bring a trash bag to use as a laundry bag
- Be sure you are able to carry your own luggage
- **Be sure to label all luggage, sleeping bags and clothing with your first and last names.**

Prescription & Non-Prescription Medications:

- Medications must be in the **original packaging** (no baggies, pillboxes, etc).
- Every medication requires a physician's statement. No medications will be administered without a physician's statement (over-the-counter or prescription).
- Please place medication in a clear zippered-baggie with student's name (first and last) written on the outside baggie.
- If your child takes more than one medication, you may put all medications in the same zippered-baggie.
- Students are not allowed to keep prescription and/or non-prescription medication in their possession unless it is required by the prescription.
- **MEDICATION CHECK-IN:** Please bring medication to the health office on **Friday, February 28th** or **Monday, March 2nd**. Our school nurse will check-in all medications and verify that the medications match the physician statements.
- **ALL** medications need to be **picked up at 11:30 a.m. on Friday, March 6th** when we return.

Outdoor School Contact Information:

- Email: ssipes@conejousd.org (Mr. Sipes, Outdoor School Director)
- Address: 385 Fairview Road
- Ojai, CA 93023
- Non-emergency contact number: 805-341-7528
- **In Case of an Emergency:** 805-646-4301 ext. 323

Schedule:

- Before school on Tuesday, March 3rd:
 - Luggage and sleeping bags will dropped off in the foyer to the gym.
- Students need to bring a sack lunch (**labeled** and **separate** from your luggage) – **NO LUNCH BOXES!**
- Report to homeroom as usual with the following items:
 - Lunch
 - Water Bottle
 - Camp backpack / drawstring bag (if you're bringing one)
- We will depart around 9:30 a.m. You must report to 1st period on time.
- Friday, March 6th – the luggage van will arrive at Sycamore Canyon around 11:00 a.m. If any parents are able to help unload the luggage, it would be greatly appreciated!
- Friday, March 6th – students will return to Sycamore Canyon around 11:30 a.m. Please arrange for pick up at this time. Students **will not** be permitted to walk home. If a parent/ guardian is unable to pick up your child at this time, he/she will be supervised in a classroom until middle schools students are dismissed at 12:22. (Middle school is on a minimum day schedule on Friday, March 6th.) **Students being picked up by someone other than a parent/guardian must provide a written note by Monday, March 2nd.*

Questions / Concerns: Please contact your child's science teacher or

Visit Outdoor School's Website at <http://www.conejousd.org/Schools/Outdoor-School>

Please sign and return this return slip to your child's science teacher by Monday, February 24th for extra credit.

I have read and reviewed the packing list. I understand that it is my responsibility that my child is picked up from Sycamore Canyon School at 11:30 a.m. on Friday, March 6th. If I am unable to pick him/her up, he/she will be supervised in a classroom until middle school dismissal at 12:22 p.m.

Parent Signature

Date

Student Name: _____

Teacher: _____